

February 2010

Karishim Swim Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:30- 8:15pm	2 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:00-6:30 Dryland 6:30- 8:15pm	3 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:30- 8:15pm	4 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:00-6:30 Dryland 6:30- 8:15pm	5 Adv.Gold /Senior: 4:00-4:45 Dryland 4:45- 5:45pm	6	7 KARISHIM VS WORCESTER @ WORCESTER 1:00 WARM UP
8 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:30- 8:15pm	9 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:00-6:30 Dryland 6:30- 8:15pm	10 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:30- 8:15pm	11 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:00-6:30 Dryland 6:30- 8:15pm	12 US MEET N.E. REGIONALS Adv.Gold /Senior: 4:00-4:45 Dryland 4:45- 5:45pm	13 US MEET N.E. REGIONALS TBA	14 US MEET N.E. REGIONALS TBA NO PRACTICE
15 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 5:00 – 6:30pm	16 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 5:00 – 6:30pm	17 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 5:00 – 6:30pm	18 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 5:00 – 6:30pm	19 NO PRACTICE	20	21 Brookline Pool Novice: 4-5:30pm Gold: 4-5:30pm Adv.Gold /Senior: 4:00- 5:30pm
22 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:30- 8:15pm	23 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:00-6:30 Dryland 6:30- 8:15pm	24 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:30- 8:15pm	25 US MEET 12& Under Championships TBA Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:00-6:30 Dryland 6:30- 8:15pm	26 US MEET 12& Under Championships TBA Adv.Gold /Senior: 4:00-4:45 Dryland 4:45- 5:45pm	27 US MEET 12& Under Championships TBA	28 US MEET 12& Under Championships TBA NO PRACTICE

March 2010

Karishim Swim Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:30- 8:15pm	2 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:00-6:30 Dryland 6:30- 8:15pm	3 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:30- 8:15pm	4 US MEET 13& OVER CHAMPIONSHIPS TBA Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:00-6:30 Dryland 6:30- 8:15pm	5 US MEET 13& OVER CHAMPIONSHIPS TBA Adv.Gold /Senior: 4:00-4:45 Dryland 4:45- 5:45pm	6 US MEET 13& OVER CHAMPIONSHIPS TBA	7 US MEET 13& OVER CHAMPIONSHIPS TBA
8 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:30- 8:15pm	9 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:00-6:30 Dryland 6:30- 8:15pm	10 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:30- 8:15pm	11 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:00-6:30 Dryland 6:30- 8:15pm	12 Adv.Gold /Senior: 4:00-4:45 Dryland 4:45- 5:45pm	13	14 Brookline Pool Novice: 4-5:30pm Gold: 4-5:30pm Adv.Gold /Senior: 4:00- 5:30pm
15 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:30- 8:15pm	16 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:00-6:30 Dryland 6:30- 8:15pm	17 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:30- 8:15pm	18 Novice: 5-6pm Gold: 5-6:30pm Adv.Gold /Senior: 6:00-6:30 Dryland 6:30- 8:15pm	19 Adv.Gold /Senior: 4:00-4:45 Dryland 4:45- 5:45pm	20	21 JCC CHAMPS @ SALEM STATE COLLEGE TBA
22	23 SWIM TEAM BANQUET in the JCC Auditorium 6-9:30pm	24	25	26	27	28
29	30	31				