

FORECAST FOR SUMMER:

*family fun!*

AT THE JCC OUTDOOR POOL

## 2010 Outdoor Pool Handbook

Leventhal-Sidman JCC



**JCC**  
BOSTON

*Open to the entire community*

**NEW HOURS! See page 1**

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# Important Phone Numbers

<b>Korrinn Nauss</b> , <i>Aquatics Director/GM Outdoor Pool</i>	617-558-6468
<b>Amy Steinberg</b> , <i>Assistant Aquatics Director</i>	617-558-6469
<b>Lori Gold</b> , <i>Membership/Sales Director</i>	617-558-6411
Member Relations Center/JCC Main Number	617-558-6522
Outdoor Pool Office	617-558-6580

## Outdoor Pool Hours

*(Lap swimming hours are available to full-privilege members in the afternoon and on weekends.)*

### **Pre-Season Schedule: May 29–June 13**

Monday–Thursday	2-7pm
Friday	2-6:30pm
Saturday	10am-7pm
Sunday	9am-7pm

### **Mid-Season Schedule: June 14– August 15**

Monday–Thursday	9am-8:30pm
Friday	9am-6:30pm
Saturday	10am-7pm
Sunday	9am-8pm

### **Post-Season Schedule: August 16–September 6**

Monday–Thursday	9am-7:30pm
Friday	9am-6:30pm
Saturday	10am-7pm
Sunday	9am-7pm

### **Adult Lap–Only Swim Membership**

#### **Pre-Season Schedule: June 2-June 13**

Mon, Wed, Fri	6-9am
Sunday	9-10am

#### **Mid-Season/Post-Season Schedule: June 14-September 6**

Mon, Wed, Fri	5:30-9am
Tue & Thu	8-11am
Sunday	9-10am

*Adult Lap Swim will not be offered on holidays or holiday weekends.*

### **Holiday Schedule:**

Memorial Day	Monday, May 31	10am-7pm
Independence Day	Sunday, July 4	10am-7pm
Labor Day	Monday, September 6	10am-7pm

**Hours are subject to change due to weather conditions.**

**Please call 617-558-6580 for daily updates.**

# Services & Fees

## 1. Adult and Children's Guest Passes

Guest passes may be purchased at the Outdoor Pool office.

Adult Guest Pass ( <i>18 years and older</i> ):	\$17/adult
Adult Guest Pass Books:	\$150 for 10 passes
Child Guest Pass ( <i>2-17 years</i> ):	\$8/child
Child Guest Pass Books:	\$70 for 10 passes

***All guests must be accompanied by an Outdoor Pool member.***

## 2. Family Caregiver Pass

Families with permanent caregiver(s) for their children may purchase a Family Caregiver Pass. For each Caregiver Pass purchased, a family may have up to 3 caregivers, each with his/her own access card. Caregivers may use the Outdoor Pool only when accompanying the member's child(ren). Caregivers must bring a valid JCC Caregiver access card and an additional form of identification with their photo. Only one caregiver per family may visit the Outdoor Pool at a time, and they may not bring their own guests. For more information, call 617-558-6413.

***Season pass for 1-3 permanent caregivers: \$149/pass***

## 3. Babysitting

Babysitting is available on a space-available basis in the indoor facility. For more information, call 617-558-6456.

## 4. Swim Diapers and Vinyl Swim Pants for Children

A swim diaper and a waterproof vinyl swim pant are required for all children under 3.5 years of age, regardless of whether they are potty-trained. No exceptions will be made. For your convenience, these items are available for purchase at the Outdoor Pool office.

## 5. Towel Rentals

Towels for day use are available for \$1/towel at the Outdoor Pool office.

## 6. Swim Classes

Private, semi-private, and group lessons are available. For more information, see *2010 Outdoor Pool Swim Lessons and Classes* on page 5.

## 7. Email Communication/Updates

Please make sure we have your current email address for all Outdoor Pool communications. You can send your email address to [lkeller@jccgb.org](mailto:lkeller@jccgb.org).

# Dushez Snack Shack at the Outdoor Pool

Dushez Snack Shack is eager to provide you and your family with top quality food service at the JCC Outdoor Pool this summer. We are looking forward to the warm weather and to making every visit to the Outdoor Pool an enjoyable one for you.

Throughout the summer, Dushez Snack Shack will be teaming up with the JCC Outdoor Pool activity coordinators to provide family barbecues loaded with great food and activities. Refer to *2010 Outdoor Pool Events and Activities* on page 4 for dates and times.

Please remember, Dushez is a full service kosher catering company and can provide food and service for all of your catering needs. **Please contact 617-953-2449 or [yoel@dushezcatering.com](mailto:yoel@dushezcatering.com)**

We welcome your feedback and comments this summer as we look forward to making this a memorable season for everyone.

## **Dushez Snack Shack Hours:**

**May 30-June 13:** Monday-Thursday (2-7pm), Friday (2-6pm), Sunday (12-6:30pm)

**June 14-August 15:** Monday-Thursday (12-6:30pm), Friday (12-6pm),  
Sunday (12-6:30pm)

**August 16-September 6:** Monday-Thursday (12-6:30pm), Friday (12-6pm),  
Sunday (12-6:30pm)

During holidays, the Snack Shack will be open from 10am-7pm. The café will be closed on July 20 in observance of Tisha B'Av.

In the event that café hours change, we will notify you via email and post the new hours at the pool.



# Pool Parties

Celebrate birthdays and other special occasions at the JCC Outdoor Pool. You and your guests may swim and play in the Outdoor Pool for up to one hour, plus enjoy a half hour in the picnic area. Call 617-558-6469 for details. Reserved for Outdoor Pool members only.

## 2010 Outdoor Pool Events and Activities

### **Luau Night**

**Thursday, July 15** (4-7pm)

A night of festivities and theme-inspired games! Don't forget your grass skirt and Hawaiian shirt!

### **Outdoor Pool Olympics**

**Thursday, August 12** (4-7pm)

New theme night this summer! Olympic celebration and kid-friendly events. See if you have what it takes to win the gold!

**Rick Goldin's** lively, interactive and humorous children's songs have made him one of the most popular children's entertainers in New England. He will be performing on **Sunday, July 11 and August 22 from 11-11:45am.**

**Shabbat Sing-a-longs with Margie Brodsky** every Friday from **June 25-August 13 from 11-11:30am.**

**Zumba by the pool!** A hip-swinging, body-pumping, booty shaking, and fun way to get a total body workout! For adults only, 16 years of age or older. Classes take place on Tuesdays (11am) and Fridays (10am). No sign-up necessary, drop-ins are welcome.

### **Ongoing Activities – June 14-August 15**

Plenty of fun for the entire family all summer long! Arts and crafts, inflatable water slides, and ping pong/foosball.

#### **Monday through Friday:**

Arts and crafts (3-6pm)

#### **Tuesday and Thursday:**

Water slides (4:15-6pm)

**Tennis Lessons:** For more information and pricing, please contact [tennis@jccgb.org](mailto:tennis@jccgb.org).

# 2010 Summer Outdoor Swim Lessons and Classes

In order to participate in swim lessons, you must be an Outdoor Pool member. For more information, please call 617-558-6468. **Please note that lessons happen rain or shine and will not be moved to the indoor pool due to inclement weather.**

<b>Session I:</b>	Mon/Wed (6 classes)	<b>June 28–July 14</b>	(\$120)
	Tue/Thu (6 classes)*	<b>June 29–July 15</b>	(\$120)
	<i>(Classes meet twice a week for three weeks)</i>		
<b>Session II:</b>	Mon/Wed (6 classes)	<b>July 19–August 4</b>	(\$120)
	Tue/Thu (6 classes)*	<b>July 20–August 5</b>	(\$120)
	<i>(Classes meet twice a week for three weeks)</i>		
<b>Session III:</b>	Mon/Wed (6 classes)	<b>August 9–August 25</b>	(\$120)
	Tue/Thu (6 classes)*	<b>August 10–August 26</b>	(\$120)
	<i>(Classes meet twice a week for three weeks)</i>		

**\*Tuesday/Thursday classes will be offered based on request**

## Preschool I

Ages: 3-5 yrs. Instructor/Student Ratio 1:4

Double-up policy applies.\*\* To enter Preschool I, swimmers must be comfortable in the water without their parents. This class is for children who have little or no fear of the water. Kicking, floating, bobbing and gliding are taught.

LACPS101, 103, 105	Mon/Wed	10-10:30am	Session I, II, III
LACPS102, 104, 106	Mon/Wed	11:30am-12pm	Session I, II, III

## Preschool II

Ages: 3-5 yrs. Instructor/Student Ratio 1:4

Double-up policy applies.\*\* To enter Preschool II, swimmers must be comfortable in the water without their parents and be able to submerge their head without assistance. The beginner stroke and the back float will be introduced.

LACPS201, 202, 203	Mon/Wed	10:30-11am	Session I, II, III
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## Preschool III

Ages: 3-5 yrs. Instructor/Student Ratio 1:5

Double-up policy applies.\*\* To enter Preschool III, swimmers must be comfortable in the water without their parents, be able to submerge their heads, swim independently 3-5 ft. and back glide or float. Introduction to front crawl with alternating arm recovery, rhythmic breathing and combined stroke on back will be taught.

LACPS301, 302, 303	Mon/Wed	12-12:30pm	Session I, II, III
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\*\* Double-up policy: For ages 3.5 and under, a swim diaper **and** a waterproof vinyl swim pant must be worn.

# Private Lessons

Ages: 3 and up

Private and semi-private swim lessons for children and adults are offered based on instructor availability, pool time, and space. Lessons may be purchased as private (*1 student: 1 instructor*), semi-private (*2 students: 1 instructor*), or 3-semi-private (*3 students: 1 instructor*). In order to schedule private lessons, please call the Aquatics Department at 617-558-6469 or 617-558-6468. Please note that all sales are final.

## Private Lesson Rates

Single-private.....	\$50
Semi-private .....	\$34/child
Packet of 5 .....	\$240
Packet of 10 .....	\$465
Packet of 15 .....	\$675

Once scheduled, private lesson tickets can be purchased at the Member Relations desk inside the JCC only. Private and semi-private lesson purchases expire one year from date of purchase.

- Private lessons have a **24-hour cancellation policy**. To cancel a lesson, call the Aquatics Department at 617-558-6469 and state your name, child's name, the date and time of your lesson, the instructor, and that your lesson is in the Outdoor Pool.
- To make certain that you receive the full 30 minutes for your lesson, please arrive on time.
- If you are part of a semi-private or 3-semi-private, and bought a package, and the other participants are not present, the lesson will proceed without the other participants in order to ensure the full 30 minutes of instruction.

## Camp Free-Swim Schedules

The following times are when JCC camps will be using the Outdoor Pool:

<b>Preschool Free Swim</b> ( <i>Kiddie Pool</i> )	Monday/Wednesday	9:30-11 am
<b>Preschool Free Swim</b> ( <i>Main Pool</i> )	Monday/Wednesday	9am-12pm
<b>Tennis Camp Free Swim</b> ( <i>Main Pool</i> )	Monday-Friday	1-2pm
<b>Sports Camps Free Swim</b> ( <i>Main Pool</i> ) ( <i>or depending on the camp</i> )	Monday-Friday	11am-3:45pm

Please Note: Class and camp schedules may be subject to change.

# JCC Outdoor Pool

## Membership Policies and Rules

In order to provide all of our Outdoor Pool members with a safe and enjoyable experience this summer, the following rules and policies apply.

For the comfort, safety and enjoyment of all Outdoor Pool members, adherence is expected at all times to all of the membership policies, policies regarding children and general safety rules. In addition, civil and courteous behavior is expected. Abusive treatment to other members or staff will not be tolerated and will be reported to the JCC Membership Director.

**Pool Agreement: Members and guests agree to abide by all JCC and JCC Outdoor Pool rules and state regulations. The JCC reserves the right to suspend or revoke a membership should a member and/or his or her guest(s) violate any of these policies or not behave in an appropriate manner. The lifeguard(s) on duty have the final say regarding pool rules and regulations.**

Please read this section carefully to acquaint yourself with the rules and policies.

### Department of Public Health Regulations for All Pools

1. Bathers must take a cleansing shower with soap immediately before entering the pool.
2. Clean and proper bathing suits are required. Underwear, "cut-off" jeans/pants, thongs, long skirts, and/or t-shirts are not permitted in the pool.
3. Persons suffering from a fever, cough, cold, inflammation of the eyes, nasal or ear discharges, or any communicable disease shall not be allowed in the pool.
4. Any person with sores or other evidence of skin disease, or who is wearing a bandage or medical coverage of any kind, is not allowed to use the pool.
5. No one shall spit or in any other way contaminate the pool, pool deck, walkways, or changing rooms.
6. No glass containers will be permitted in the pool area.
7. No person shall bring or throw into the pool any object that may in any way carry contamination or endanger the safety of bathers.
8. The pool must close for 12 hours following a fecal contamination incident, and for 45 minutes following a vomiting incident.
9. No food is allowed within 8 feet of the pool.

**Biological Contamination:** When the main pool or the children's pool must be closed in the event of a biological contamination, the pool deck, the lawn, and the uncontaminated pool will remain open to members. We will do our best to notify you, via email, for closures. Please help us by encouraging your children to take regular bathroom breaks.

## Outdoor Pool Membership Policies

1. **ID Policy:** All pool members 7 years of age and older must present a valid JCC ID card with 2010 pool sticker for admittance. Family memberships with children ages 2 years to 6.11 years must pick up a Children's Outdoor Pool Card at the Member Relations desk inside the JCC. These cards must be shown each time the child enters the Outdoor Pool area.
2. **Guest Policy:** All guests must be accompanied by an Outdoor Pool member. Adult guests must present a picture ID. Guest passes may be purchased at the Outdoor Pool office. Members may bring in up to 5 guests each day. Local guests are limited to **3 visits per season**. Special arrangements for extended visits from out-of-town guests may be discussed with the Outdoor Pool general manager, and will be issued on a space-available basis only. We recommend calling 617-558-6580 to check space availability.

## Policies Regarding Children

1. **Child Safety:** In order to swim in the pool without adult supervision children must be 12 years or older and pass a swim test. Children under age 12 years who have passed the swim test may swim but will need adult supervision\* in the pool area. Children less than 12 years old who have not passed the swim test must be accompanied in the water by an adult within arm's reach of the child. Children (including infants and toddlers) **CANNOT** be left unattended on deck while the parent swims.  
  
\*Adult supervision is considered 18 years of age or older. Lifeguards are provided for safety should an emergency occur. Lifeguards will not supervise unsupervised children.
2. **Double-Up Policy:** All children ages 3.5 and under must wear a swim diaper and a waterproof vinyl swim pant. No exceptions will be made.
3. **Flotation and Play Objects:** No inflatable flotation devices or play objects are allowed. This includes water wings, beach balls and squirt guns. Lifejackets worn must be coast-guard approved.
4. **Children's Deep Water Testing:** Children under 12 must take a test in order to swim in the deep sections of the pool. Testing will be held according to staff availability. Children who pass will be given a color-coded bracelet that they must wear on their wrists whenever they enter the deep section of the pool.

**4-ft. Test:** Front float and back float for 10 seconds, 30 seconds treading water and be able to swim 1 length of freestyle with arm recovery in a strong manner.

**9-ft. Test:** Same as 4 ft. test, but the child must swim 2 lengths freestyle with arm recovery in a strong manner, and tread water for 1 minute.

**Lap Test:** Children may take the lap swim test only by appointment with the deck duty guard or pool manager. The lap lane test consists of 250 yards of continuous crawl stroke according to the American Red Cross Level V standard. If a child passes, they may use the lap lane except during adult-only swim. However, adults will have priority in the lap lanes.

## General Safety Rules & Facility Policies

1. **Severe Weather Policy:** The entire pool area, including changing rooms, will be cleared at the first sign of thunder and/or lightning. The pool will remain closed until 30 minutes have passed since the last visible sign or sound of the storm. Members must use the indoor facility to change during severe weather closings.
2. **Safety Checks & Adult-only Swim:** Adult-only swim will be held for 15 minutes every hour during crowded conditions, weather-permitting.
3. **No Jumping:** Jumping into water less than 3 feet deep is not allowed in the main pool. There is no jumping allowed in the Kiddie pool.
4. **No Glass:** Glass containers are not permitted in the pool area.
5. **No Running:** Running is not allowed on the pool deck.
6. **No Horseplay:** Pushing or any kind of horseplay is not allowed in and around the pool.
7. **Diving:** Diving is allowed in the deep end (9 ft.) area only.
8. **Food Policy:** Food is allowed at the designated areas and at tables only. Food and gum are not permitted in or within 8 feet of either pool. Kosher food is available for purchase through the café and vending machines. In keeping with the JCC's kashrut policy, all food served at or brought into the JCC must be strictly kosher. Picnic lunches and dinners from home are welcome. However, we ask that you honor the JCC's kashrut policy and bring only kosher dairy, pareve, or kosher meat products. No food deliveries to the Outdoor Pool or takeout food will be permitted.
9. **Water Temperature:** The pool is heated but temperature may vary due to weather conditions.
10. **Swim Attire and Changing:** No nudity is allowed on the pool deck. Please use the changing rooms for all changing, showering, and diapering. The outdoor showers are for use by those entering the pool. No shampoo or disrobing is allowed.
11. **No Alcohol:** No alcoholic beverages are allowed within the pool area.
12. **No Smoking:** No smoking is permitted within the fenced-in area.
13. **Hair:** Any swimmer with hair shoulder-length or longer must have it securely tied back while in the pool. Please visit our Outdoor Pool Desk for a hair elastic if needed.

**Thank you for your cooperation and have a great summer!**

# JCC CAMPS AND SUMMER PROGRAMS

**JCC day, overnight and specialty (arts, sports, technology, science) camps.**

**JCC camp options for boys and girls from preschool to high school with transportation from many locations in Greater Boston.**



## **JCC Grossman Camp • Westwood**

Day camp for children ages 4.5-15

## **JCC Maccabi Camp Kingswood and Zohar special needs program Maine**

Overnight camp for children entering grades 3-11

## **JCC Kaleidoscope Creative Arts & Science Camp • Newton**

Day camp for children in grades K-10

## **JCC Sports Camps • Newton**

Day camp for children in grades PreK-12

## **iCamp™ Childrens Technology Workshop • Newton**

Adventures in technology for children in grades 2-8

## **JCC Early Learning Center preschool summer programs**

**5 sites in Boston area**

Summer programs for children ages 2-5

**[jccgb.org/camps](http://jccgb.org/camps)**

*Open to all*



# JCC Outdoor Pool Swim Class Registration Form

Registration is now underway. Complete this form and bring it to the the Aquatics office located in the main gym. Please print all information clearly. Be sure to list each class by both name and code. Participant's name and membership number should appear on all checks.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Membership Number \_\_\_\_\_

Check here if new address

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Day Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

Email \_\_\_\_\_

Registrant's Name \_\_\_\_\_

Class \_\_\_\_\_ Code \_\_\_\_\_ Fee \_\_\_\_\_

Day/Time \_\_\_\_\_ Session \_\_\_\_\_

Alternate Class \_\_\_\_\_ Code \_\_\_\_\_ Fee \_\_\_\_\_

Day/Time \_\_\_\_\_ Session \_\_\_\_\_

Registrant's Name \_\_\_\_\_

Class \_\_\_\_\_ Code \_\_\_\_\_ Fee \_\_\_\_\_

Day/Time \_\_\_\_\_ Session \_\_\_\_\_

Alternate Class \_\_\_\_\_ Code \_\_\_\_\_ Fee \_\_\_\_\_

Day/Time \_\_\_\_\_ Session \_\_\_\_\_

Registrant's Name \_\_\_\_\_

Class \_\_\_\_\_ Code \_\_\_\_\_ Fee \_\_\_\_\_

Day/Time \_\_\_\_\_ Session \_\_\_\_\_

Alternate Class \_\_\_\_\_ Code \_\_\_\_\_ Fee \_\_\_\_\_

Day/Time \_\_\_\_\_ Session \_\_\_\_\_

Make checks payable to LSJCC. Full payment must be enclosed. Total Enclosed \$ \_\_\_\_\_

Visa  Mastercard Number \_\_\_\_\_

Exp. Date \_\_\_\_\_ Name on Card \_\_\_\_\_

I give permission for my photo or my child's photo to be used in JCC promotional materials.  Yes  No

Please mail in or drop off to: LSJCC, 333 Nahanton Street, Newton, MA 02459  
Attn: Aquatics Department

For office use only  
 Received  Registered  Confirmed



**JEWISH COMMUNITY CENTERS OF GREATER BOSTON**  
Leventhal-Sidman Jewish Community Center  
333 Nahanton Street, Newton, MA 02459  
617-558-6522 • [jccgb.org](http://jccgb.org) • [lsjcc.org](http://lsjcc.org)

**Entire version of 2010 JCC Outdoor Pool Handbook  
is available online at [jccgb.org/outdoorpool](http://jccgb.org/outdoorpool)**