

Indoor Pool Schedule - January 4th - March 27th revised 12/15/09

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-9:45pm	5:30am-9:45pm	5:30am-9:45pm	5:30am-9:45pm	5:30am-5:45pm	7:00am-6:45pm	7:00am-8:15pm
<u>Adult Lap Swim</u> 5:30am-9:00am (6) 9:00am-10:15am (3) 10:15am-12:00pm (4) 12:00pm-1:00pm (6) 1:00pm-5:00pm (4) 5:00pm-5:30pm (0) 5:30pm-6:00pm (1) 6:00pm-8:15pm (2) 8:15pm-9:00pm(4) Men Only- 9:00pm-9:45pm (6)	<u>Adult Lap Swim</u> 5:30am-6:15am (6) 6:15am-7:15am (3) 7:15am-9:00am (6) 9:00am-12:15pm (4) 12:15pm-1:00pm (6) 1:00pm-5:00pm (4) 5:00pm-5:30pm (0) 5:30pm-6:00pm(1) 6:00pm-8:15pm (2) 8:15pm-9:00pm(4) Women Only- 9:00pm-9:45pm (6)	<u>Adult Lap Swim</u> 5:30am-9:00am (6) 9:00am-10:15am (3) 10:15am-12:00pm (4) 12:00pm-1:00pm (6) 1:00pm-5:00pm (4) 5:00pm-5:30pm (0) 5:30pm-6:00pm (1) 6:00pm-8:15pm (2) 8:15pm-9:00pm (4) 9:00pm-9:45pm (6)	<u>Adult Lap Swim</u> 5:30am-6:15am (6) 6:15am-7:15am (3) 7:15am-9:00am (6) 9:00am-12:15pm (4) 12:15pm-1:00pm (6) 1:00pm-5:00pm (4) 5:00pm-5:30pm (0) 5:30pm-6:00pm (1) 6:00pm-8:15pm (2) 8:15pm-9:00pm (4) 9:00pm-9:45pm (6)	<u>Adult Lap Swim</u> 5:30am-9:00am (6) 9:00am-10:15am (3) 10:15am-12:00pm (4) 12:00pm-1:00pm (6) 1:00pm-4:00pm (4) 4:00pm-5:00pm (1) 5:00pm-5:45pm (3)	<u>Adult Lap Swim</u> 7:00am-9:00am (6) 9:00am-6:45pm (4)	<u>Adult Lap Swim</u> 7:00am-8:15am (3) 8:15am-9:00am (6) 9:00am-7:00pm (4) 7:00pm-8:15pm (6)
<u>Open Swim</u> 9:00am-12:00pm 1:00pm-5:00pm 8:15pm-9:00pm	<u>Open Swim</u> 9:00am-12:15pm 1:00pm-5:00pm 8:15pm-9:00pm	<u>Open Swim</u> 9:00am-12:00pm 1:00pm-5:00pm 8:15pm-9:00pm	<u>Open Swim</u> 9:00am-12:15pm 1:00pm-5:00pm 8:15pm-9:00pm	<u>Open Swim</u> 9:00am-12:00pm 1:00pm-5:00pm	<u>Open Swim</u> 9:00am-6:45pm	<u>Open Swim</u> 9:00am-7:00pm
<u>Swim Lessons</u> * 1:15pm-1:45pm 3:30pm-5:30pm <u>Adapted Aquatics</u> * 10:30am-6:00pm	<u>Swim Lessons</u> * 3:30pm-5:30pm <u>Adapted Aquatics</u> * 1:00pm-6:00pm	<u>Swim Lessons</u> * 1:15pm-1:45pm 3:30pm-5:30pm	<u>Swim Lessons</u> * 3:30pm-5:30pm <u>Adapted Aquatics</u> * 3:00pm-6:00pm		<u>Swim Lessons</u> * 9:00am-12:00pm <u>Adapted Aquatics</u> * 9:00am-3:00pm	<u>Swim Lessons</u> * 9:00am-12:00pm <u>Adapted Aquatics</u> * 1:30pm -5:00pm
<u>Swim Team</u> 5:00pm-8:15pm (4)	<u>Swim Team</u> 5:00pm-8:15pm (4)	<u>Swim Team</u> 5:00pm-8:15pm (4)	<u>Swim Team</u> 5:00pm-8:15pm (4)	<u>Swim Team</u> 4:00pm-5:45pm (3)		
	<u>Masters</u> * 6:15am-7:15am (3)		<u>Masters</u> * 6:15am-7:15am (3)			<u>Masters</u> * 7:15am-8:15am (3)
<u>Aqua Fitness</u> Aqua Aerobics 9:30am-10:15am (3)	<u>Aqua Fitness</u> Arthritis Foundation * 11:30am-12:15pm	<u>Aqua Fitness</u> Aqua Aerobics 9:30am-10:15am (3)	<u>Aqua Fitness</u> Arthritis Foundation * 11:30am-12:15pm	<u>Aqua Fitness</u> Aqua Aerobics 9:30am-10:15am (3)		<u>Pool Parties</u> * 12:45pm-3:00pm

* Denotes paid Programs

(#) Denotes number of lanes available for lap swimming

Please see reverse side for pool policies

